

ASSISTANT PRINCIPALS REPORT

As the term draws to a close, it is opportune to reflect on how much has been achieved in such a short space of time, and how resilient and adaptive our students and staff are.

The term has been "book ended" with a temporary shift for all staff and students to Block B following the partial collapse of the ceiling in Room 1, and a further shift in the last two weeks to Block B while extensive repairs and restoration works are conducted in Block A. This necessitated the removal of all furniture and equipment from Block A, much of which has been placed in storage in shipping containers and other suitable areas around the school. While all of this was occurring, classes continued as normal, only in different rooms.

I would like to pay particular credit and thanks, for the incredible amount of work involved in this shifting, relocation and storage of furniture and equipment, to Jeff Goodwin, Andrew Headlam and Phil Niewand. Without these industrious gentlemen, the school would not be operating as efficiently as it is. At the time of writing, we are not sure when the works in Block A will be completed.

Throughout the term students and staff have engaged in a variety of activities, including:

- All students have participated in exams which have been marked and will be included in reports.
- Staff and students have been busy with the Writing/Reading programs.
- Year 10 students have picked and pressed our 2022 Cabernet Sauvignon vintage.
- Staff have provided input into the Annual Implementation Plan monitoring process which maps the progress of the school's 2022 Key Improvement Strategies. We are on track to meet our targets.
- Year 7 and 9 students have completed NAPLAN Testing.
- The Student Council conducted an Out of Uniform day which raised funds for the NSW flood victims.
- Staff peer observations were completed. They provided teachers with an opportunity to observe best practice regarding providing student feedback
- All students completed the Student Attitudes to School Survey and the preliminary findings show that our students feel safe, are engaged with their learning, and enjoy school
- Our year 8 students attended The Live4Life launch in Portland.
- Year 9 students participated in the Morrisby Careers Profiling.
- Online Headspace sessions were available for our parents / carers.
- Year 10s attended the Wimmera Careers Expo.
- Year 7-10 Progressive Achievement Tests (PAT) testing have been completed
- The last of our year levels have attended the Noorla Yo-Long Adventure Camp and our Outdoor Ed students recently visited Budj Bim, Piccanninie Ponds, Cape Bridgewater the Gannets
- Sporting commitments this term centred on our House Cross country, the GD Cross Country and the GWR Cross Country.

I would like to wish our students and staff a happy and safe break and look forward to your return in term three.

Keep safe and well. J. Webb

Term 2 CITIZENSHIP AWARDS

The students listed below received Citizenship Awards this term in recognition of their assistance at the Casterton Primary School Cross Country, the Combined District Primary Schools Cross Country, Assistance at the Kelpie Festival Working Bee, Excellence in the Debate Club, improvement in effort and results in Humanities or Dedication to Rearing Calves. They will receive their certificates early next term.

Chelsea Hulm, Josh Jones, Indi Longhurst, Dylan Munro, Olivia Nolte, Matilda Thompson, Kirby Vise, Jack Wombwell, Abby Black, Myles Black, Milly Campbell, Alex Hill, Alex Hornibrook, Aaron Jeffrey, Phoenix Lykke, Caitlyn Gorman, Felicity Hall, Blake Kurzman, Archie Lane, Amelia Luers, Oscar Mutch, Riley Rees, Amelia Bailey, Tamsyn Black, Brydie Carlin, Eli Koscal, Amy Crauford, Sarah Camilleri, Zoe Betinsky, Emily Eastman, Georgia Taylor, Shara Stone, Genevieve Sellers

Term 2 VALUES AWARDS NOMINEES

The students listed below were nominated for Values Awards this term in recognition of their commitment to our school values (Respect, Accountability and Persistence) work ethic and behaviour.

Year 7: Josh Hutchins Copeland, Makayla Rees

Year 8: Feba Thankam Shiju, Blake Kurzman

Year 9: Krystal Collier, Kira Charlton

Year 10: Alex Hornibrook, Chelsea Hulm

Year 11: Amber Spratling, Ella Kerr

Year 12: Arpita Yadav, Maddy Robinson

House Points

Muntham: 1907

Wannon: 1697

Glenelg: 1664

Year 8 & 9 HEALTHY MINDS PROGRAMS

During term 3, our year 8 & 9 students will be participating in the Healthy Minds program.

The program will be delivered both online and face to face sessions with Dr. Tom Meheny, the program founder, and our year 8 and 9 teachers.

Dr. Meheny is a clinical psychologist and corporate trainer with over 10 years' experience.

His passion is preventing psychological problems in people of all ages while also enhancing resilience and wellbeing.

All our staff participated in a **Healthy Minds program** training day earlier this term.

The Healthy Minds School program is for school communities who recognise that success is more than just academic achievement.

The program will cover:

- The thinking skills that prevent or reduce risk for depression, anxiety, eating disorders & body image problems (without specifically focussing on any particular psychological disorder)
- How 'unhelpful perfectionism' plays a troublesome role in mental health, achievement, and general quality of life. Contrary to popular belief, some types of perfectionism actually inhibit achievement.
- The keys to understanding the function of emotions, and the most helpful ways of navigating their emotional lives
- Psychological flexibility
- Realistic thinking (this is the key skill of modern cognitive behaviour therapy)
- Self-compassion as an antidote to self-criticism (and why this is far more important than self-esteem.
- Ways to understand and deal with procrastination - these work for school, work and life
- To challenge the unrealistic media ideals that promote body-image dissatisfaction, which can lead to disordered eating and depression
- The cultivation of gratitude as an everyday perspective (it has been shown to improve sleep, immune system function, and happiness)
- The motivational techniques that change problem behaviours into helpful, healthy, and high-performance behaviours

Parents / Carers are invited to participate in a session regarding the program on Wednesday July 13 from 7:00 – 8:15pm. (See flyer)

Please ring the school office on 5581 1588, if you intend participating in the ZOOM session.

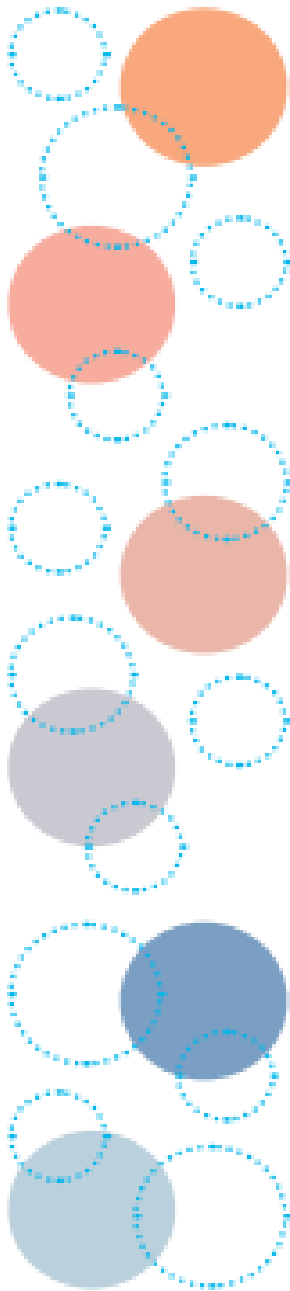
Assuming there are sufficient numbers, you will use the following link to participate in the session.

Join Zoom Meeting

<https://us02web.zoom.us/j/82836900120?pwd=ZIZLTHh4QVlk2dlk2OGxMdCtxSU40QT09>

MeetingID: 82836900120

Passcode: 189654



You are invited to an unmissable parent event:

Seven Secrets to a Healthy Mind

For parents of Year 8/9 students

You can secure your child's mental health, wellbeing and resilience into the future, by learning:

- The specific ingredients to robust mental health and true wellbeing
- How to prevent anxiety, depression and eating disorders in your child
- The #1 indicator of resilience in kids
- How your child's wellbeing is linked to their academic and sporting achievement
- The 'Great Mistake' parents make and how to avoid it
- Why we have emotions and how to manage them well



Based on award-winning university research



Dr Tom Nehmy

Clinical psychologist and corporate trainer with over 10 years' experience. Dr Tom Nehmy's passion is preventing psychological problems in people of all ages while also enhancing resilience and wellbeing.

Date: Wednesday, 13th July 2022

Time: 7pm - 8.15pm

Room: via Zoom

RSVP: Please phone CSC on 5581 1588.

healthymindsprogram.com

Further information: Leanne +61 438 752 877 • leanne@healthymindsprogram.com



CAREERS EXPO- LONGERENONG, YR 10

Delma Fidler

By the time this publication has been released the year 10 students will have attended the Careers Expo in Longerenong.

They have also been busy participating in various activities, including:

- Completed a resume
- Achieved a safe@work certificate
- Completed a Career Profile
- Updated their Morrisby profile
- Completed and returned their work experience paperwork

Students are well underway with their work experience arrangements, with many students having already secured a placement. I will be meeting with the students individually to ascertain where they are at in the process.

Students will be given several copies of their resume to present to potential employers. Once a placement is secured and I have been informed the employer will need to complete their section on the paperwork. It will be then signed off by the Principal and parents/caregivers and employers will be provided with a copy.

Please contact the school if an employer needs further information or any details clarified

Paul Ferreira trying his skill in an excavator at the Longerenong Careers Expo



BUS CAPTAINS FOR 2022

Tracie Layley



BACK, L-R: Genevieve Sellers, Alex Hill, Phoenix Lykke, Josh Jones, Jack Wombwell

FRONT, L-R: Emily Eastman, Zoe Betinsky, Selena Black, Mylie Ireland, Amber Spratling, Savannah Schurr

ABS: Ella McKinnon, Myles Black, Jedd Rhook, Shiloh Kurzynski, Milly Campbell, Abbey Munro

Congratulations to our new Bus Captains appointed to each bus service recently. They are pictured above after receiving their badges. This is their official introduction into the school and wider community, and they will play important roles in assisting their respective bus drivers with behaviour, supervision and in breakdowns and emergency situations.

Wando Vale/Town Bus-Josh Jones & Milly Campbell

Dergholm-Amber Spratling & Phoenix Lykke

Killara-Alex Hill & Ella McKinnon

Nareen-Abbey Munro & Jack Wombwell

Lake Mundi-Selena & Myles Black

Paschendale/Merino 2-Emily Eastman & Jedd Rhook

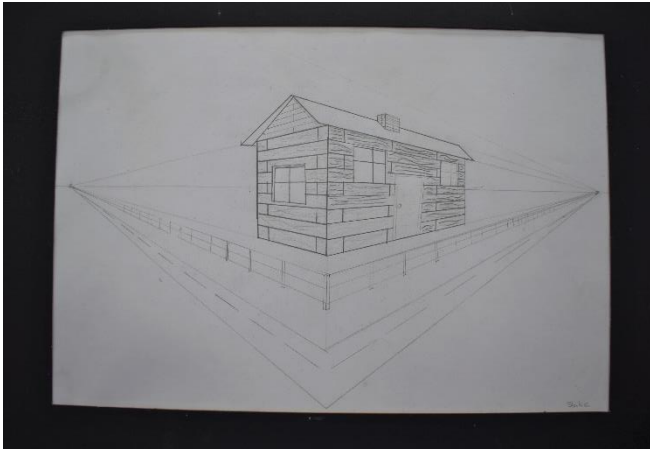
Merino-Sav Schurr & Shiloh Kurzynski

Strathdownie-Mylie Ireland

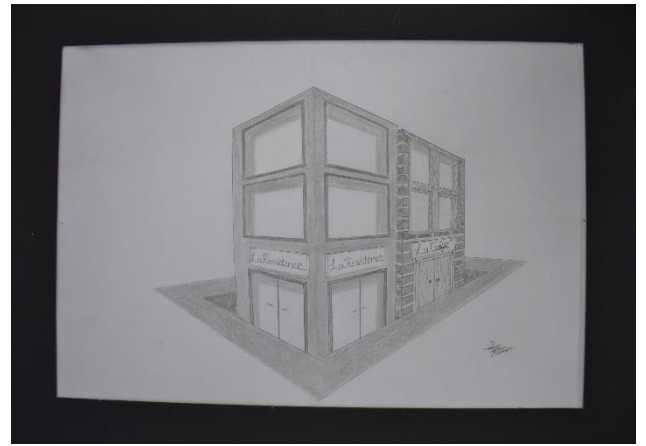
Coleraine-Genevieve Sellers & Zoe Betinsky

ART, Term 2

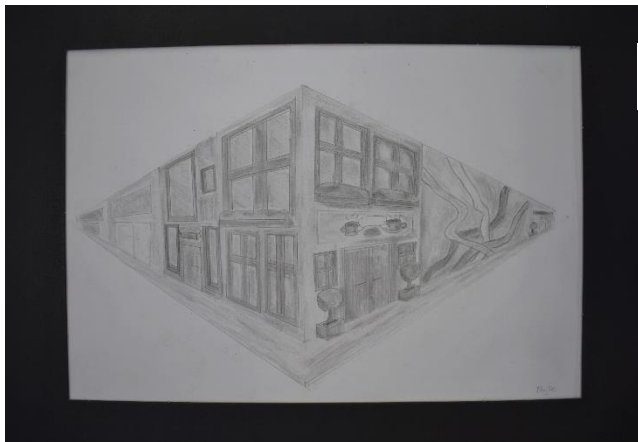
Faith Roper



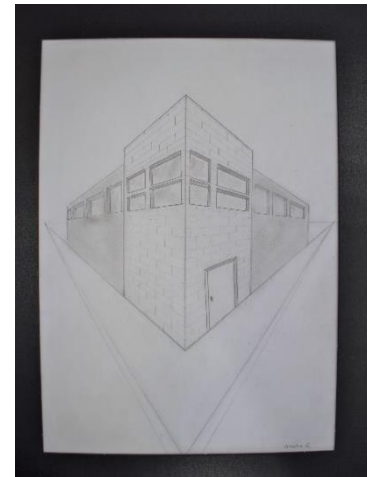
Blake Kurzman



Feba Thankam Shiju



Mylie Ireland



Amelia Richardson

Year 8N have learned about architectural drawing and design using a 2-point perspective. They explored a variety of techniques for creating surface textures before rendering their buildings.



Art works from some of 8N students: Amelia Richardson, Kaitlan Johns, Caitlyn Gorman, Blake Kurzman, Tyson Hegarty

Phoenix Lykke, Alex Hill, Myles Black, Arjun Yadav

8N investigated Pop Art and responded by creating 3D artworks of their pets or other popular items.

GLENELG REGIONAL CROSS COUNTRY

Joey McArlein



Nate Longhurst, Madeline Patton, Makayla Hutchins and Indi Longhurst all participated in the District Regional Cross Country held in Warrnambool this term.

On the 30th of May, we had 7 of our best CSC runners take part in the GWR (Regional) Cross Country in Warrnambool, starting at Deakin University oval.

The cold and dreary weather didn't seem to affect their running skills, with some great results from our 7 competitors!

Our results were as follows:

Madeline Patton: 2nd

Archie Lane: 3rd

Makayla Hutchins: 21st

Indi Longhurst: 21st

Eily Taylor: 21st

Ricky Kaliebe: 44th

Nate Longhurst: 76th

Once again, a fantastic effort by all 7 on gaining the chance to compete in this regional event. A special congratulations to Madeline and Archie on their top 3 placings! A big, good luck to these two at State level in Term 3 on the 14th of July.

P: 03 55811 588

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VEGETABLE PROPOGATION

Annalee McKinnon

Students of Year 8P have been practicing vegetative propagation as part of their reproduction unit. Students started with propagating lavender that will be used as a border around the vegetable garden. They then applied their new found skills to a number of different plants found around the school. Students have been looking at the difference between sexual and asexual reproduction of organisms, with a strong focus on plants.

*Kirby Vise, Oscar Mutch & Riley Rees
Showing their propagating skills.*



SCIENCE

Brett VanAs



Madeline Patton and Riley Munro



Riley Munro

As Term 2 draws to a close, exciting happenings are still taking place in our Science classes. Pictured are Madeline and Riley making nylon thread and turning the rest of the reactants into a nylon ball.

WORK PLACEMENTS

Delma Fidler



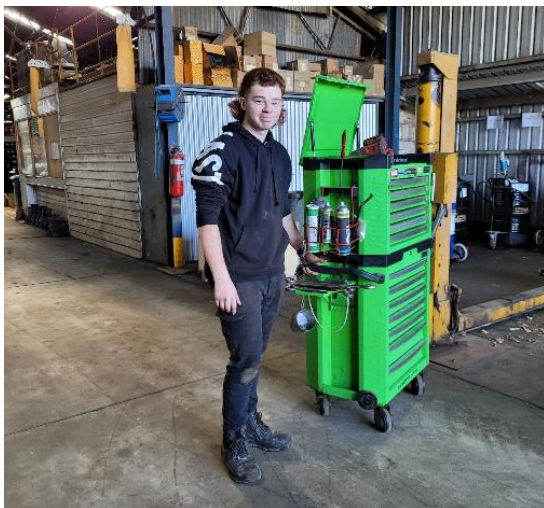
Ivy Stewart



Lachlan Humphries



Kais Parsons



Rhys Southern



Dylan McGregor-Rhodes

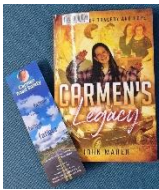
Placement visits

Staff members have spent the last few weeks visiting our students in their workplaces. It is most gratifying to hear how well all the students are progressing and see the personal growth and the skill development that they are accumulating. Students who attend the Hamilton District Skills Centre will receive a progress report in with their CSC reports. However, some students have been directly emailed or sent reports.

John Maher, Guest Speaker for Driver Safety

Renae Newell

The year 10-12 students had the opportunity to listen to John speak about the importance of being safe on the roads. The touching presentation went through his trauma of being in a road accident and how precious life is and the effects of the people around you. Then not even two years later, he lost his daughter to a single vehicle accident. He explains to the students the importance of being safe and ensuring that the students have plenty of practice on the roads in all conditions, as 120 hours only equates to 5 days of driving.



John also produced a book taking the reader through the devastation and effect that the accident on everyone concerned with Carmen.

VIRTUAL SCHOOL RECOGNITION to Arpita Yadav

Renae Newell

Arpita Yadav has received a letter from the Virtual School for Physics demonstrating their values of growth, empathy, respect and collaboration. Arpita started Year 12 at Casterton Secondary College a few weeks into the beginning of the year. Starting behind, she worked tirelessly to ensure she was up to date and has displayed excellent work ethic and resilience. Arpita challenges herself in her learning to be the best she can be. Good luck Arpita in Physics.



CAREER OPEN DAYS

Delma Fidler

Open Days

Open Days are held at most Universities and TAFEs throughout Term 3. Attending an Open Day is the best way to find out first-hand about a course or University/TAFE. THESE DAYS ARE IMPORTANT FOR STUDENTS IN YRS 11 and 12 and can be beneficial to year 10 students and their parents/ carers.

What is Open Day?

On Open Day, a university opens its doors to anyone who is interested in attending their university in the future, or who would just like to know more about the institution. You can talk with academics, lecturers, and current students about what certain courses are actually like, and what is required to get into them.

Open Day "MUST DO" Items

- Visit the areas such as student support services and student lounges to check out what it's like to be a student. Does the campus feel like a place you'd like to belong?
- Go on a campus tour and see what facilities and resources are available on campus.
- Don't just talk to university staff: make sure you chat with some current students of the institution. They are experts on what it's like to study there and have recently gone through the process of selecting and getting into their course.
- Bring someone along with you. Parents/guardians are a great option as they may have information, they want to find out too. A friend or other family member can also be helpful and make you feel comfortable making your first trip with us.
- Watch out for student clubs and societies who will be around on the day. These can be an exciting addition to university life and cover a huge range of interests, often creating lots of social opportunities and freebies.

Open Day "MUST FIND OUT" Items

- Different pathways into the courses in which you're interested.
- Any prerequisite subjects or tasks for the courses you're considering.
- The time commitment of the course you are considering (how many years it takes to complete the course, how many hours per week you will need to attend lectures and tutorials and do extra reading and studying - University doesn't have set hours like school).
- What public transport and parking options are available if you are going to travel to University/TAFE.
- What accommodation is available if you are considering moving away from home to go to University/TAFE.
- The facilities that are available at the campus. Libraries, cafes, banks, bookstores, security services are all commonly found at University/TAFE campuses.

****** Whilst every endeavour will be made to keep you up to date regarding open days via XUNO, please explore the university/ TAFE websites for more details.

The following links will act as a guide to the different Open Days offered in various states.

<https://www.vtac.edu.au/opendays.html>

<https://www.openday.com.au/tertiary/adelaide/>

<https://www.uac.edu.au/future-applicants/open-days>

<https://www.qtac.edu.au/open-days-expos/>

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NAIDOC YOUTH FORMAL

EXPRESSION OF INTEREST

Wednesday 6th of July
@ Port Fairy

Open to all secondary school aged,
Indigenous youth from Portland,
Heywood, Hamilton, Warrnambool area.

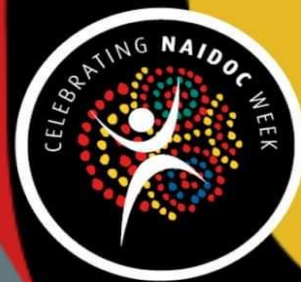
Transport & Catering will be provided.

Make-up & hair stylist on hand.

Formal wear can be provided if needed.

PLEASE CONTACT YOUR LOCAL ACCHO FOR MORE INFO:

Winda-Mara - Jess
Dhauwurd-Wurrung - Tayla
Gunditjmara - Cody
Kirrae - Ebony



ALCOHOL
&
SMOKE
FREE EVENT

